

## 1979 Region 6A- Saturday, May 26 at Alexandria

**Teams:** Breckenridge 84.25, Staples 72, Perham 32, Sauk Centre 32, Barnesville 31.25, Sebeka 29, Pequot Lakes 21, Hawley 19, Ashby 18, Elbow Lake 18, Dilworth 16, Frazee 16, Glenwood 12, Morris 12, Pillager 12, Verndale 10, New York Mills 9.25, Underwood 8, Herman 8, Parker's Prairie 8, Long Prairie 7, Menahga 6, Wadena 4.5, Battle Lake 4, Hoffman 2, Osakis 2, Pine River 1, Bertha-Hewitt 1, Starbuck 0.25.

### 110 Meter High Hurdles

- 1 Tony Spandl, Stap 14.6
- 2 Glen Hanson, Herm 15.0
- 3 Kris Buehler, Perh 15.3
- 4 Kevin Boyle, Glen
- 5 Scott Torgerson, Hoff
- 6 Dave Reetz, B-H

### 100 Meter Dash

- 1 Mark Western, Perh 11.3
- 2 Kurt Albright, PeIR 11.3
- 3 Ted Sullivan, Pilla 11.5
- 4 Rick Brockpahler, Sebe
- 5 Len Welter, Osakis
- 6 Jud Burtoch, PeIR

### 1600 Meter Run

- 1 Keith Kragerud, Breck 4:32.0
- 2 Mike Heldman, Stap 4:35.3
- 3 Tom Ellingson, Menah 4:36.5
- 4 Pat Metcalf, SC
- 5 Greg Felts, PL
- 6 Russ Drevlow, LP

### 400 Meter Relay

- 1 Staples 44.5 (Spandl, Sinette, Archer, Bacon)
- 2 Barnesville 45.2
- 3 Underwood 45.6
- 4 Glenwood
- t5 Breckenridge
- t5 Wadena

### 400 Meter Dash

- 1 Scott Anderson, Breck 49.8
- 2 Bill Kuehn, Breck 50.1
- 3 Jim Brockpahler, Sebe 50.3
- 4 Curt Anderson, Ashb
- 5 Mark Western, Perh
- 6 Kent McCarthy, Haw

### 300 M Intermediate Hurdles

- 1 Tony Spandl, Stap 39.0
- 2 Pete Warnes, Morris 39.0
- 3 Dan Graham, Sebe 40.3
- 4 Steve Blesser, PL
- 5 Tim Schaub, Unde
- 6 Mic Ferris, Barn

### 800 Meter Run

- 1 Dan Headlee, PL 1:59.2
- 2 Tim Schulstad, Barn 1:59.4
- 3 Dan Conner, LP 1:59.7
- 4 Ordean Carlisrud, Breck
- 5 Keith McCarty, Haw
- 6 Dean windel, NYM

### Sprint Medley Relay

- 1 Hawley 3:37.9 (Nelson, Keith McCarthy, Gregg, Kent, McCarthy)
- 2 Breckenridge 3:40.8
- 3 Staples
- 4 Sauk Centre
- 5 Frazee
- 6 Wadena

### 200 Meter Dash

- 1 Scott Anderson, Breck 22.5
- 2 Mark Western, Perh 22.6
- 3 Curt Anderson, Ashb 22.9
- 4 Jim Brockpahler, Sebe
- 5 Scott Ellingson, BL
- 6 John Sinette, Stap

### 3200 Meter Run

- 1 Steve Nunn, Fraz 10:06.8
- 2 John Raitor, SC 10:16.6
- 3 Greg Johnson, Dilw 10:23.0
- 4 Strommen, Glen
- 5 Mark Freer, Waden
- 6 Greg Lawrence, Staples

### 1600 Meter Relay

- 1 Breckenridge 3:26.6 (Carlisrud, Deal, Kuehn, S Anderson)
- 2 Sebeka 3:26.7
- 3 Hawley 3:26.8
- 4 Morris
- 5 Battle Lake
- 6 Pequot Lakes

### High Jump

- 1 Randy Lemke, Barn 6-2
- 2 Dwight Bordson, EL 6-2
- 3 Dave Jungers, SC 6-0
- 4 Dave Varriene, Dilw
- 5 Jay Henkel, Stap

### Pole Vault

- 1 Tony Spandl, Stap 14-0
- 2 Dennis Bacon, Stap 13-6
- 3 Kris Buehler, Perh 13-6
- 4 Dave Varriene, Dilw
- 5 Dan Allgren, Dilw
- 6 Dwight Berdeen, EL

### Long Jump

- 1 Tim Deal, Breck 20-9.5
- 2 Curt Anderson, Ashb 20-1
- 3 Ted Sullivan, Pilla 20-0.5
- 4 John Bodine, Barn
- 5 Bill Kuehn, Breck
- 6 Dan Graham, Stap

### Shot Put

- 1 Chuck Caspers, Breck 51-3
- 2 Terry Karger, NYM 50-4
- 3 Mike Kleinschmidt, SC 46-4
- 4 Larry Jackson, PL
- 5 Dwight Drewes, Fraz
- 6 Brian Helleckson, EL

### Discus

- 1 Mike Paulson, Vern 156-0
- 2 Brian Helleckson, EL 148-4
- 3 LeRoy Peterson, Stap 142-11
- 4 Mike Kleinschmidt, SC
- 5 Dwight Drewes, Fraz
- 6 Chuck Caspers, Breck

**Notes:**